

Trinity Evangelical Lutheran Church

Fifth Sunday after Epiphany

10:00 AM Worship Service • February 4, 2024



In Isaiah the one God who sits above the earth and numbers the stars also strengthens the powerless. So in Jesus' healing work we see the hand of the creator God, lifting up the sick woman to health and service (diakonia). Like Simon's mother-in-law, we are lifted up and healed to serve. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.

Welcome members and guests to our worship service today. If you are visiting, we encourage you to sign the guest register located in the narthex. Please include your home address, email address and phone number. In each pew, there is a card that you can fill out if you wish to have a consult with the pastor and/or leave us more information.

The nursery is available, however since there are no attendants at this time, feel free to use it as needed.

Trinity offers an induction loop for the benefit of hearing impaired worshippers. To use, please switch your hearing aid to "T." If you are unsure if your hearing aid is compatible, please contact your audiologist.

Enlarged print sermon copies are available for the benefit of sight or hearing impaired worshippers. Enlarged print sermon copies are available for the benefit of sight or hearing impaired worshippers. They can be found in the narthex on the table.

TRINITY EVANGELICAL LUTHERAN CHURCH

6812 River Road, Newport News, VA 23607
(757) 245-7861 – <http://trinitylutheran-nn.com>
Church Office Hours: 9:00 a.m. to 3:00 p.m.



REV. TINA MELUSKY – Pastor (tina.melusky@gmail.com)

GEOFFREY BELL – Director of Music Ministries (music@trinitynn.org)

SHARON MATHISON – Administrative Assistant (admin@trinitynn.org)

CAROL BESSOM – Treasurer (cbessom@trinitynn.com)

THE CONGREGATION OF TRINITY LUTHERAN – Ministers of the Word

FACEBOOK & WORSHIP LIVESTREAMS: <http://facebook.com/TrinityNN>

TRINITY LUTHERAN SCHOOL WEBSITE: <http://trinitynn.org>

PASTOR MELUSKY'S OFFICE HOURS

Monday 9am-12pm; Tuesday 9-10:30am, 11:30am-12:15pm;

Wednesday 9:30am-12pm; Thursday 9am-12pm

Times are flexible with monthly meetings, but feel free to call for an appointment or drop in.

Pastor's Cell: (734) 239-4013

Trinity is a partner church with Peninsula Pastoral Counseling Center,
LINK, THRIVE, and The Simple Sunflower.

Bulletin cover image by Carol Bessom, member

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CARILLON CALL TO WORSHIP

ANNOUNCEMENTS

PRELUDE

Chorale Prelude on Lobe Den Herren

Johann Walther

GATHERING

*The assembly stands. All may make the sign of the cross,
the sign marked at baptism, as the presiding minister begins.*

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, † one God,
creator of darkness and light,
word of truth, wind sweeping over the waters.

Amen.

Let us confess our sin in the presence of God and of one another.

Silence is kept for reflection.

God, our rock and refuge,

we pour out our hearts before you.

We have known you but have not always loved you.

We have wounded one another

and sinned against you.

**We have not always recognized the Holy Spirit
dwelling in each of us.**

Remember your covenant.

Renew your creation.

Restore us,

that we might proclaim your good news to all.

Amen.

The voice of the Lord is upon the waters.

God has spoken:

The time of grace is now.

In Jesus, the reign of God has come near.

By the authority of † Jesus Christ,

your sins are forgiven.

You are God's beloved.

Amen.

The assembly faces the processing cross.

GATHERING HYMN

Praise to the Lord, the Almighty

ELW 858

LOBE DEN HERREN

GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you.**

HYMN OF PRAISE

Refrain




Glo-ry to God, glo-ry to God, glo-ry to God in the high - est;



glo-ry to God, glo-ry to God, and peace to God's peo-ple on earth.



1 Lord God, heav-en-ly King, al - might-y God and Fa - ther, we




wor-ship you, we give you thanks, we praise you for your glo - ry.

Refrain



Glo-ry to God, glo-ry to God, glo-ry to God in the high - est;



glo-ry to God, glo - ry to God, and peace to God's peo-ple on earth.



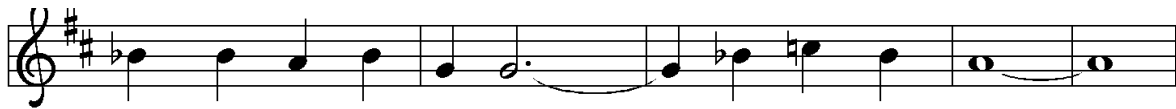
2 Lord Je - sus Christ, on - ly Son of the Fa - ther,



Lord God, Lamb of God, you take a - way the sin of the

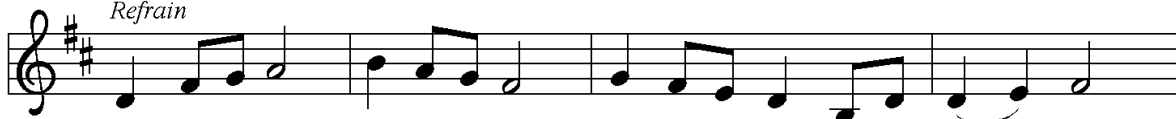


world: have mer - cy on us; you are seat - ed at the



right hand of the Fa - ther: re - ceive our prayer.

Refrain



Glo - ry to God, glo - ry to God, glo - ry to God in the high - est;



glo - ry to God, glo - ry to God, and peace to God's peo - ple on earth.



3 For you a - lone are the Ho - ly One, you a - lone are the Lord,



you a - lone are the Most High, Je - sus Christ, with the Ho - ly



Spir - it, in the glo - ry of God the Fa - ther. A - men.

Final refrain



Glo - ry to God, glo - ry to God, glo - ry to God in the high - est;



glo - ry to God, glo - ry to God, and peace to God's peo - ple on



earth, and peace to God's peo - ple on earth.

PRAYER OF THE DAY

The assembly is seated.

FIRST READING: Isaiah 40:21-31

The Judeans in exile have a good reason to be hopeful: the one who will bring them to freedom is the God who created the world, the God who subdues the rulers of the earth and gives strength to those who are weary.

Have you not known? Have you not heard?

Has it not been told you from the beginning?

Have you not understood from the foundations of the earth?

It is God who sits above the circle of the earth,

and its inhabitants are like grasshoppers;

who stretches out the heavens like a curtain,

and spreads them like a tent to live in;

who brings princes to naught,

and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown,

scarcely has their stem taken root in the earth,

when God blows upon them, and they wither,

and the tempest carries them off like stubble.

To whom then will you compare me,

or who is my equal? says the Holy One.

Lift up your eyes on high and see:

Who created these?

God who brings out their host and numbers them,

calling them all by name;

because God is great in strength,

mighty in power,

not one is missing.

Why do you say, O Jacob,

and speak, O Israel,

“My way is hidden from the Lord,

and my right is disregarded by my God”?

Have you not known? Have you not heard?

The Lord is the everlasting God,

the Creator of the ends of the earth.

God does not faint or grow weary;

God’s understanding is unsearchable.

God gives power to the faint,

and strengthens the powerless.

Even youths will faint and be weary,

and the young will fall exhausted;

but those who wait for the Lord shall renew their strength,

they shall mount up with wings like eagles,

they shall run and not be weary,

they shall walk and not faint.

Word of God, word of life. **Thanks be to God.**

PSALM : 147:1-11, 20c *(read responsively; sing refrain as led by the choir)*



The LORD heals the brok - en - heart - ed.

Hallelujah! How good it is to sing praises to our God!

How pleasant it is to honor God with praise!

The LORD rebuilds Jerusalem,

and gathers the exiles of Israel.

The LORD heals the brokenhearted

and binds up their wounds.

**The LORD counts the number of the stars
and calls them all by their names. R**

Great is our LORD and mighty in power;
there is no limit to God's wisdom.

**The LORD lifts up the lowly,
but casts the wicked to the ground.**

Sing to the LORD with thanksgiving;
make music upon the harp to our God,

who covers the heavens with clouds

and prepares rain for the earth, making grass to grow up on the mountains. R

God provides food for the cattle
and for the young ravens when they cry.

**God is not impressed by the might of a horse,
and has no pleasure in the speed of a runner,**

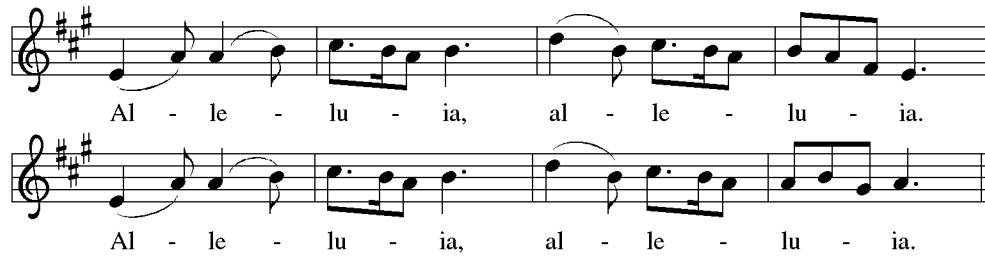
but finds pleasure in those who fear the LORD,
in those who await God's steadfast love. Hallelujah! R

SECOND READING: 1 Corinthians 9:16-23

God entrusted Paul with the responsibility of bringing the gospel to diverse people. Hence the focus of Paul's ministry is not his own rights or privileges as an apostle but the privilege of serving God by freely sharing the good news of Christ with others.

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings. Word of God, word of life. **Thanks be to God.**

The assembly stands.

**GOSPEL LESSON: Mark 1:29-39**

Everywhere Jesus goes, many people expect him to set them free from oppression. Everywhere he goes, he heals people and sets them free. Disease, devils, and death are running for their lives. The forces that diminish human life are rendered powerless by Jesus.

The Holy Gospel according to St. Mark the 1st Chapter. **Glory to you O Lord.**

As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sunset, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord. **Praise to you, O Christ.**

The assembly is seated.

**CHILDREN'S CHAT
SERMON**

Pastor Tina Melusky
Pastor Tina Melusky

The assembly stands.

APOSTLES CREED

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.**

**On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**

PRAYERS OF INTERCESSION

God of grace, receive our prayer.

SHARING OF THE PEACE

The peace of the Lord be with you always. **And also with you.**

The assembly is seated.

RECEIVING OF TITHES AND OFFERINGS

OFFERTORY ANTHEM

On Eagle's Wings

arr. Mark Hayes

*And He will raise you up on eagle's wings, bear you on the breath of dawn,
make you to shine like the sun, and hold you in the palm of His hand.*

*You who dwell in the shelter of the Lord, who abide in His shadow for life,
Say to the Lord: "My refuge, my Rock in whom I trust!"*

*The snare of the fowler will never capture you, and famine will bring you no fear:
Under His wings your refuge, His faithfulness your shield.*

*You need not fear the terror of the night, nor the arrow that flies by day;
Though thousands fall about you, near you it shall not come.*

*For to His angels He's given a command to guard you in all of your ways;
Upon their hands they will bear you up lest you dash your foot against a stone.*

The assembly stands.

OFFERTORY HYMN

Let the Vineyards Be Fruitful

ELW 181

OFFERTORY PRAYER

Blessed are you, Holy One,
for all good things come from you.
In bread and cup you open heaven to us.
Meet us at this table,
that we receive what we seek
and follow your Son, Jesus,
in whose name we pray.
Amen.

MEAL

THE GREAT THANKSGIVING

The Lord be with you. And al - so with you.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

PROPER PREFACE

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise...

...we praise your name and join their unending hymn:

SANCTUS

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
 heav'n and earth are full of your glo - ry. Ho -
 san - na in the high - est, ho - san - na in the high - est.
 Blessed is he who comes in the name of the Lord. Ho -
 san - na in the high - est, ho - san - na in the high - est.

THANKSGIVING AT THE TABLE

Holy God, you alone are holy, you alone are God.

The universe declares your praise:

beyond the stars; beneath the sea;

within each cell; with every breath.

We praise you, O God.

Generations bless your faithfulness:

through the water; by night and day;

across the wilderness; out of exile; into the future.

We bless you, O God.

We give you thanks for your dear Son:

at the heart of human life; near to those who suffer;

beside the sinner; among the poor; with us now.

We thank you, O God.

In the night in which he was betrayed,

our Lord Jesus took bread, and gave thanks;

broke it, and gave it to his disciples, saying:

Take and eat; this is my body, given for you.

Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks,

and gave it for all to drink, saying:

This cup is the new covenant in my blood,

shed for you and for all people for the forgiveness of sin.

Do this for the remembrance of me.

Remembering his love for us on the way, at the table, and to the end,

we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We pray for the gift of your Spirit:

in our gathering; within this meal;

among your people; throughout the world.

Blessing, praise, and thanks to you, holy God, through Christ Jesus,

by your Spirit, in your church, without end.

Amen.

The assembly is seated.

LORD'S PRAYER

Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

The assembly is seated.

AGNUS DEI

Lamb of God, you take a - way the sin of the world; have mer-cy on
us. Lamb of God, you take a - way the sin of the
world; have mer-cy on us. Lamb of God, you take a - way the
sin of the world; grant us peace, grant us peace.

COMMUNION

Communion is held around the table. The bread will be handed to you by the pastor. Please take a communion cup with wine from the outside edge of the tray or a grape juice cup from the center of the tray. Recycle baskets are located outside of the sanctuary doors for your plastic cups.

MUSIC DURING DISTRIBUTION

Healer of Our Every Ill
HEALER OF OUR EVERY ILL

ELW 612

The assembly stands.

SENDING

TABLE BLESSING

POST COMMUNION PRAYER

BLESSING

God who names you, Christ who claims you, and the Holy Spirit who dwells in you,
✠ bless you and remain with you always. **Amen**

SENDING HYMN

God, Whose Almighty Word
ITALIAN HYMN

ELW 673

The assembly turns to face the recessing cross.

DISMISSAL

Go in peace. You are God's beloved.

Thanks be to God.

POSTLUDE

Grand Sortie

John S. Dixon



Serving the Assembly

Crucifer	Carl Carpenter
Acolytes	Karina Stevens Elena Stevens
Lector	Patrick Spisak
Ushers/Greeters/	Jerry Cobb John Lunsford
Camera/Livestream	Cliff Obara

ANNOUNCEMENTS.

CARB LOAD FOR THE BIG GAME!!! PANCAKE BRUNCH!

Please join us after worship on Sunday, February 11 for our annual pancake breakfast (or brunch!). We'll have pancakes and other goodies prepared, but you are welcome to bring other dishes or drinks to share. Pancakes can be a great way to prep for an evening of fun watching the big game!! See you then!

RED FOOD BOX: Thank you so much for your quick and generous response to the Red Box food appeal! Thanks to you, our siblings in the neighborhood will once again have something to munch on as they walk; and, more importantly, they have something to let them know that they are valued children of God!

OFFERING ENVELOPES:

An Important Note Regarding Offering Envelope Boxes

The Post Office will no longer deliver the offering boxes for those who do not pick them up, citing "security concerns." This means that boxes that are not picked up from the library not only cost us in excess postage but will also now cost us in time away from the office.

ANNOUNCEMENTS

Please pick up your offering boxes from the library in person if at all possible. If you cannot do so, perhaps a friend or family member will pick them up for you.

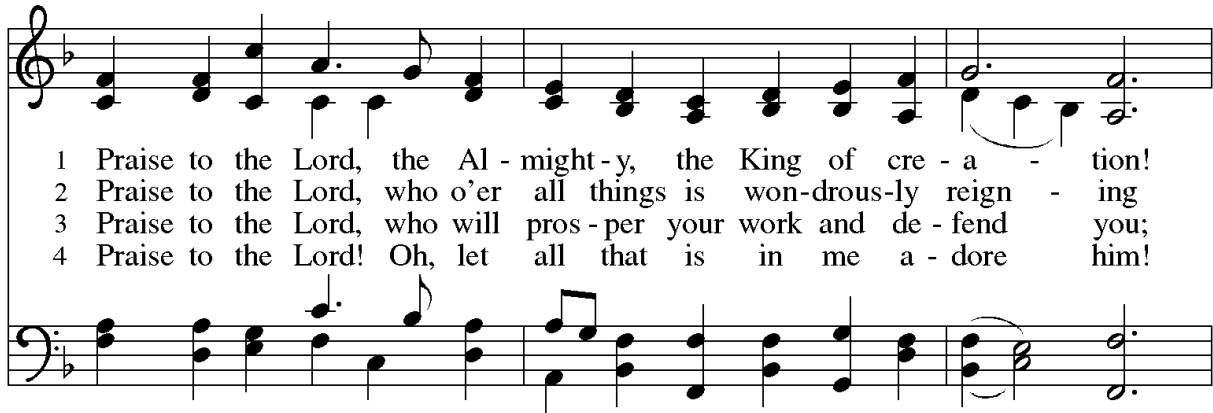
Thanks so much for your attention to this – and please note, Lent begins with Ash Wednesday on February 14, and the offering boxes contain Lenten envelopes for your Lenten discipline of giving.

PRAYER LIST

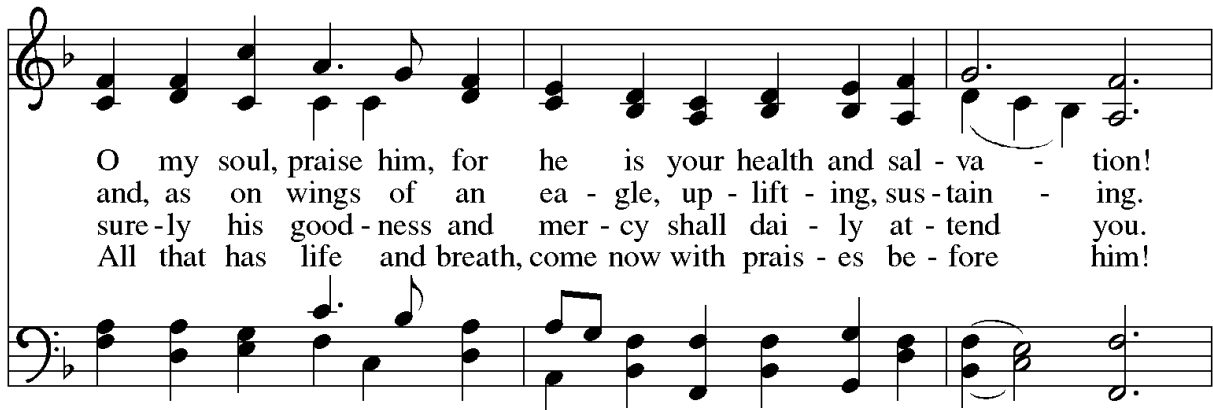
ILLNESS, SURGERY, RECOVERY, SHUT-INS: Nursing Homes/ Assisted Living: Jeanette Cantrell, Millie Christensen, Lucille Lebold, and Barbara Olson (The Chesapeake, Assisted Living Room 317); Richard Anderson, Hampton Health and Rehab, Room 226, Shirley Anderson is at home recovering. Shut- in at Home: Peggy Cash, Janet Edwards. Doris Moeser, The Gardens at Warwick Forest, Rm. 306.

PRAYER REQUESTS: **Jim Shook**, Phil Shook's father; **Jean Wimmer**--friend of Jeannette Dail, **Heike Ahlen, and the Ahlen family**, requested by Kathy Stevens; **Matt Adamo** (Brother-in-law of Patricia) requested by Patricia Fielding; **Matt Eggers** (Sandy's nephew), requested by the Sniady family; Family and Friends of **Loyd Rawls**; **Mary Lou Hubble** (Jacob's aunt), requested by the Wessler family; **Jessica Savage**, requested by the Dail Family; **Harry Hartman and Bill Wren**, requested by Anne Obara; and **Sherrie Strickland** (cousin), requested by Wendy Mynoymany. **Beth Eisdorfer**, daughter of Terri Hoffeditz.

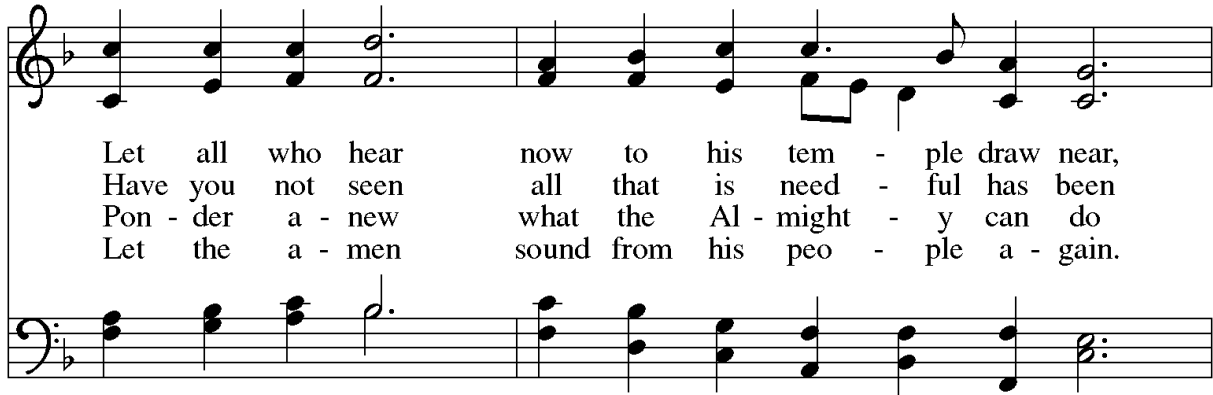
Those Who Serve, Military and Civilian Duty: James Fielding, State Dept., Myanmar; Bryan Hunt, State Dept., Sierra Leone.; Deputy Commander US Naval Forces - Korea; Tyler Obara, Virginia Air National Guard, LAFB; Josh and Ellen (Davis) Badgley, State Department, Bangkok, Thailand; Michael Titus, US Navy, Naval Shipyard, Washington, DC and wife, Elisabeth Bruce.



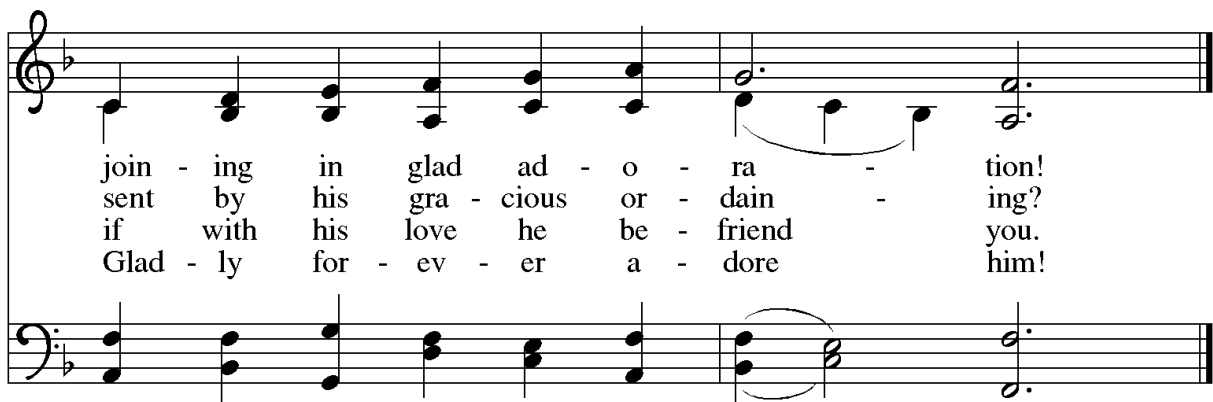
1 Praise to the Lord, the Al - might - y, the King of cre - a - tion!
 2 Praise to the Lord, who o'er all things is won-drous-ly reign - ing
 3 Praise to the Lord, who will pros - per your work and de - fend you;
 4 Praise to the Lord! Oh, let all that is in me a - dore him!



O my soul, praise him, for he is your health and sal - va - tion!
 and, as on wings of an ea - gle, up - lift - ing, sus - tain - ing.
 sure - ly his good - ness and mer - cy shall dai - ly at - tend you.
 All that has life and breath, come now with prais - es be - fore him!



Let all who hear now to his tem - ple draw near,
 Have you not seen all that is need - ful has been
 Pon - der a - new what the Al - might - y can do
 Let the a - men sound from his peo - ple a - gain.



join - ing in glad ad - o - ra - tion!
 sent by his gra - cious or - dain - ing?
 if with his love he be - friend you.
 Glad - ly for - ev - er a - dore him!



1 Pre - cious Lord, take my hand, lead me on, let me stand,
 2 When my way grows . . drear, pre-cious Lord, lin - ger near,
 3 When the dark - ness ap - pears and the night draws . . near,



I am tired, I am weak, I am worn.
 when my life is . . . al - most . . gone,
 and the day is . . . past and . . . gone,



Through the storm, through the night, lead me on to the light.
 hear my cry, hear my call, hold my hand lest I fall.
 at the riv - er I stand, guide my feet, hold my hand.



Take my hand, pre-cious Lord, lead me home.

Text: Thomas A. Dorsey, 1899–1993

Music: George N. Allen, 1812–1877, adapt. Thomas A. Dorsey

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PRECIOUS LORD

Irregular

Let the vine - yards be fruit - ful, Lord, and fill to the
brim our cup of bless - ing. Gath - er a har - vest from the
seeds that were sown, that we may be fed with the bread of life.
Gath - er the hopes and the dreams of all; u - nite them with the
prayers we of - fer. Grace our ta - ble with your pres - ence,
and give us a fore - taste of the feast to come.

Text: John W. Arthur, 1922-1980

Music: Marty Haugen, b. 1950

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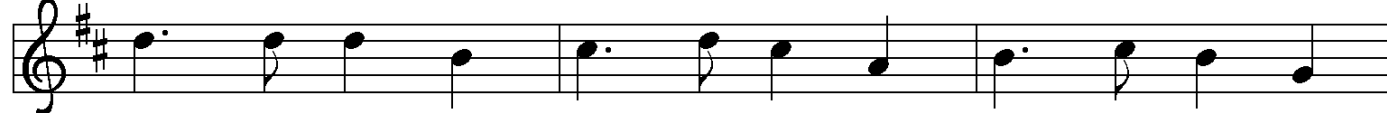
Refrain




Heal - er of our ev - 'ry ill, light of each to - mor - row,



give us peace be - yond our fear, and hope be - yond our sor - row.



- 1 You who know our fears and sad - ness, grace us with your
- 2 In the pain and joy be - hold - ing how your grace is
- 3 Give us strength to love each oth - er, ev - 'ry sis - ter,
- 4 You who know each thought and feel - ing, teach us all your



peace and glad - ness; Spir - it of all com - fort, fill our hearts.
 still un - fold - ing, give us all your vi - sion, God of love.
 ev - 'ry broth - er; Spir - it of all kind - ness, be our guide.
 way of heal - ing; Spir - it of com - pas - sion, fill each heart.

Refrain

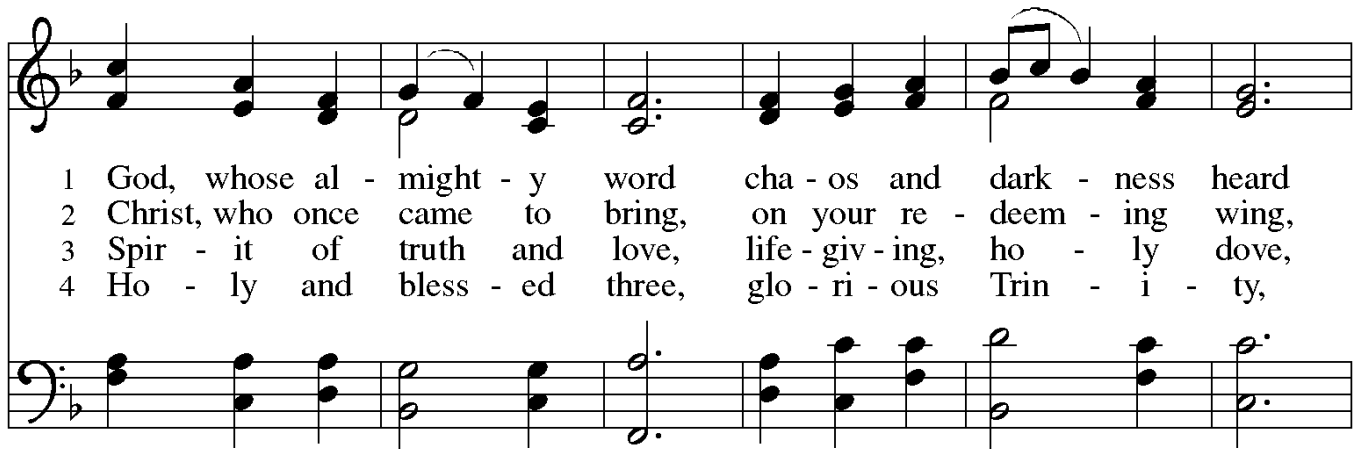
Text: Marty Haugen, b. 1950

Music: HEALER OF OUR EVERY ILL, Marty Haugen

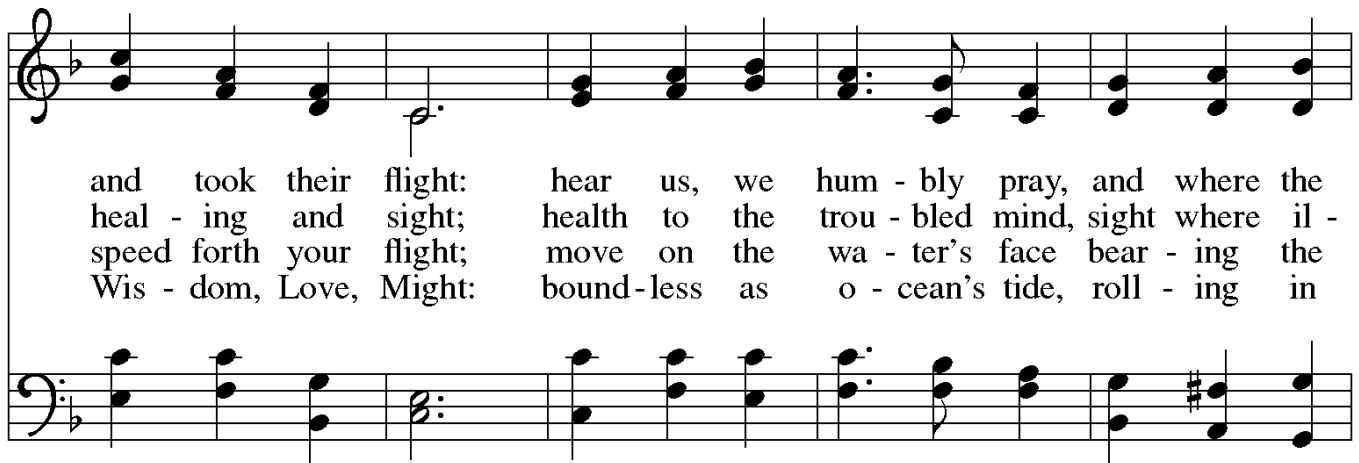
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1 God, whose al - might - y word cha - os and dark - ness heard
 2 Christ, who once came to bring, on your re - deem - ing wing,
 3 Spir - it of truth and love, life - giv - ing, ho - ly dove,
 4 Ho - ly and bless - ed three, glo - ri - ous Trin - i - ty,



and took their flight: hear us, we hum - bly pray, and where the
 heal - ing and sight; health to the trou - bled mind, sight where il -
 speed forth your flight; move on the wa - ter's face bear - ing the
 Wis - dom, Love, Might: bound - less as o - cean's tide, roll - ing in



gos - pel day sheds not its glo - rious ray, let there be light.
 lu - sions blind; oh, now to hu - man-kind let there be light.
 lamp of grace, and in earth's dark - est place let there be light.
 full - est pride, through the earth, far and wide, let there be light.

Text: John Marriott, 1780–1825, alt.

Music: ITALIAN HYMN, Felice de Giardini, 1716–1796