2025 Sunday School Teachers

Trinity Lutheran Church

Erin Perez



Erin is an assistant nursing professor at the Riverside College of Health Sciences. Her husband Wilson is in the Air Force, which brought them to Hampton Roads 6 years ago along with their seven children: Xaviier, 5; Diego, 7; Gabby, 8; Izzy, 12; Henry, 17; Ephrem, 19; and Jackson, 21.

Her favorite tool in the classroom is having breakout time for dance parties"

"I can't wait for the fun and adventures ahead this year while teaching the Trinity kids, and even more so to find out what I will learn from them!"

Tiana Young



Tiana Young is originally from Valley Cottage, New York, where she grew up attending St. Ann's Church and St. Paul School. She was a competitive swimmer through high school, then served 8 years in the U.S. Coast Guard. After her service, she worked

as a heavy-duty diesel technician, then became a full-time mom. Her husband John works in the Navy, and they have two children: Nora, 7, and Hudson, 7 months old. As a new member of Trinity, her favorite ways to connect with children are through interactive activities and storytelling. She's excited to help children explore their faith and watch them grow through Sunday School.

"I'm excited to learn and grow alongside the Trinity kids this year!"

Kathy Stevens



Kathy Stevens is a lifelong member of Trinity who has taught Sunday school long enough she doesn't remember when she started. Her daughters, Karina and Elena, are in youth group

now. Kathy has always loved kids of all ages and has a Master's degree in elementary education. Her ten years teaching were split between Hampton public schools and a brief time in Brevard County, Florida before becoming a mom full time. Her favorite hobbies are reading, writing, and crafting just about anything.

William Lyons



William (22) is an engineer at Howmet Aerospace. He is part of a rotational program that puts him in Hampton Roads for the fall. Having just moved here from Michigan, his love for community involvement and passion of teaching comes from his Mother who is a family doctor and taught him Sunday school as

a child. As well as his girlfriend Kaylee, who is a middle school science teacher in Lansing, Michigan. He served for 3 summers at Fortune Lake Lutheran camp and is looking forward to bringing music, games, and teaching methods learned there into the classroom. While William is new to Hampton Roads he has enjoyed his time surfing, playing basketball, hiking, and meeting all the fully dignified human beings of Hampton Roads.

"I am looking forward to being part of teaching Trinity's youth, and helping the youth grow in Christ alongside their friends family and community"

Carol Bessom



Carol Bessom has been a member of Trinity since she was seven years old. At one time, she was part of a four-generation member family, with her mother, herself, her daughter, and her granddaughters. She attended Christopher Newport College and obtained a degree in English. She taught Middle School English,

literature, and grammar at Trinity Lutheran School for fifteen years, and has worked for the church and/or school for over forty years. She has taught Sunday School for many years, and remembers teaching her son and his friends when they were twelve (he's forty-six now!). She loved creating mailable Sunday School lessons with her daughter Kathy during the covid lockdown. She has worked with the school chapel servers for about ten years, and loves doing that and working with middle school age children. Her hobbies are reading, writing, and a little crafting. Carol has loved her many years working for the church and school and feels blessed to have been able to call Trinity her home for so many years.

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